

**Coral Gables Farmers Market  
Event Schedule  
Saturdays  
January 13 through March 24, 2018**

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Each week, in addition to live music, just-picked produce, baked goods and plants, the Coral Gables Farmers Market, located in front of City Hall at 405 Biltmore Way, offers free activities for the Market shoppers.

At 8:00 a.m., a free class in Tai Chi is offered in Merrick Park

At 9:00 a.m., a free gardening workshop is conducted by local experts. In case of rain, the workshop will be held inside City Hall.

At 10:00 a.m., a master chef creates a dish for shoppers to sample.

At 11:00 a.m., there are wonderful children's activities for our younger Market shoppers.

**January 13**

9:00 a.m. Gardening Workshop – "Butterfly Talk!" by Cindy David

10:00 a.m. Cooking Demonstration - Hosted by Bulla Gastrobar

11:00 a.m. Children's Activity – Yoga Hosted by Mind.Heart.Soul.Miami and Craft hosted by the Coral Gables Community Recreation Department; design your own "Airplane headband".

**January 20**

9:00 a.m. Gardening Workshop – "Setting Up your Raised Bed Vegetable Garden". By Andres Mejides

10:00 a.m. Cooking Demonstration - Hosted by Societa Dante Alighieri and Aragon 101

11:00 a.m. Children's Activity - Yoga Hosted by Mind.Heart.Soul.Miami and Craft hosted by the Coral Gables Community Recreation Department; design your own "Scarecrow Clothespin".

**January 27**

9:00 a.m. Gardening Workshop – "Crown Restoration After Wind Events" by The Landscape Beautification Advisory Board

10:00 a.m. Cooking Demonstration - Hosted by BrickTop's Coral Gables

11:00 a.m. Children's Activity - Yoga Hosted by Mind.Heart.Soul.Miami and Craft hosted by the Coral Gables Community Recreation Department; design your own "Fruit Bushel Basket Magnet".

**February 3**

9:00 a.m. Gardening Workshop – "How To Take Care of Pest and Disease Organically". By Andres Mejides

10:00 a.m. Cooking Demonstration - Hosted by Cao Chocolates

11:00 a.m. Children's Activity - Yoga Hosted by Mind.Heart.Soul.Miami and Craft hosted by the Coral Gables Community Recreation Department; design your own "Mustache Heart Foam Craft".

**February 10**

9:00 a.m. Gardening Workshop – "Fragrance In your Garden". By Cindy David

10:00 a.m. Cooking Demonstration - Hosted by Seasons 52 Coral Gables.

11:00 a.m. Children's Activity - Yoga Hosted by Mind.Heart.Soul.Miami and Craft hosted by the Coral Gables Community Recreation Department; design your own "Love Bug Sun Catcher".

**February 17**

9:00 a.m. Gardening Workshop – "Designing A Landscape Resistant to Hurricane Winds". By Wendy Saltzburg

10:00 a.m. Cooking Demonstration - Hosted by Societa Dante Alighieri and Aragon 101

11:00 a.m. Children's Activity - Yoga Hosted by Mind.Heart.Soul.Miami and Craft hosted by the Coral Gables Community Recreation Department; design your own "3D Foam Safari Animal Craft".

**February 24**

9:00 a.m. Gardening Workshop – "Propagation Techniques." Presented by Karim Fernandez

10:00 a.m. Cooking Demonstration - Hosted by Fritz and Franz

11:00 a.m. Children's Activity - - Yoga Hosted by Mind.Heart.Soul.Miami and Craft hosted by the Coral Gables Community Recreation Department; design your own "Spring Bug Craft Ornament".

**March 3**

9:00 a.m. Gardening Workshop – "Compost" by Andres Mejides

10:00 a.m. Cooking Demonstration - Hosted by Bellmóunt Spanish Restaurant

11:00 a.m. Children's Activity - Hosted by the Coral Gables Community Recreation Department; design your own "3D Floating Foam Ship Craft".

**March 10**

9:00 a.m. Gardening Workshop – "What's Bugging You!". By Cindy David

10:00 a.m. Cooking Demonstration - Hosted by Ruth Chris Coral Gables.

11:00 a.m. Children's Activity - Yoga Hosted by Mind.Heart.Soul.Miami and Craft hosted by the Coral Gables Community Recreation Department; design your own "Bug Jar Craft".

**March 17**

9:00 a.m. Gardening Workshop "Conservation in a Botanic Garden: What we do at Montgomery Botanical Center." Presented by Christina Dupuy of the Montgomery Botanical Center

10:00 a.m. Cooking Demonstration - Hosted by Sister City Antigua Guatemala

11:00 a.m. Children's Activity - Yoga Hosted by Mind.Heart.Soul.Miami and Craft hosted by the Coral Gables Community Recreation Department; design your own "Leprechaun Clothespins".

**March 24**

9:00 a.m. Gardening Workshop – "Native Plants In Your Garden". By Cindy David

10:00 a.m. Cooking Demonstration - Hosted by La Taverna Giralda

11:00 a.m. Children's Activity - Hosted by The Little Farm